



Sacred Space Coaching Scholarship Program Information

Everyone struggles. Whether it is regarding relationships, physical health, parenting, or finances, none of us are immune to life's curveballs. I have had plenty of my own struggles, and I am grateful that the universe has often found a way to help me climb out of those holes. For that reason, I want to provide opportunities for some of those individuals who can't afford my going rate to still have access to coaching. I'm thrilled to be rolling out this program! But they are limited in number and availability. Keep reading for more information!

I have THREE scholarship slots. They are limited to three-month time periods and the rate is \$40 an hour. Over a three-month period (roughly 13 weeks) you may schedule AS MANY AS 10 sessions with me or AS FEW AS 6. There are other expectations with the package.

For example:

Cancellations without 24 hours' notice put you at risk for losing your spot. Payment for each session must be received PRIOR to each session. Also, distribution of scholarships is dependent on availability of appointments and the client's willingness and ability to commit to doing the hard work of healing.

Nothing bad will happen if you are not ready to do the work. We would have a discussion at that point about your progress and your roadblocks and perhaps plan to try again in six months. However, I request that you do some heart and soul searching before accepting a scholarship so I can maximize the help available to individuals.

There is an application process. This process/purpose is based more on whether I can truly help you and whether you are at a place where you can commit. That's all, no judgement involved.

If there are no scholarships available, you can go on a waiting list, and about a month prior to a spot opening, I will ask that you complete the application process if you are still interested.

There is a required initial virtual consultation for this process. It is 75 minutes long and the cost is \$15.

If interested, contact me at Alinda@sacredspacetraumarecovery.com, and I will get in touch with you.